

**Margaret S. Wacker PhD RN**  
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## **Employment**

### **President Wacker and Associates Legal Nurse Consulting**

2002 - Present

### **Adjunct Instructor University of Central Florida**

2002 - Present

### **Director Lake Sumter Community College Nursing Program**

2004 - Present

### **Clinical Consultant Pain Management Rhode Island Hospital**

1996 - 2001

#### Responsibilities:

- Conduct pain consults for the adult in-patient hospital
- Procure unrestricted educational grants to support all interdisciplinary educational programs
- Collaborate with the departments of Anesthesia, Pharmacy, Medicine, Surgery and Nursing in the development of pain management policies
- Create and develop all educational programs
- Collaborate in the teaching of these programs
- Actively participate in the work of the hospital pain committee
- Identify specific areas of need and develop approaches to resolve them
- Provide a resource role to hospital staff

### **Clinical Specialist Palliative Care Rhode Island Hospital**

1994-1996

#### Responsibilities:

- Conduct in-patient and at-home consultations in collaboration with a physician
- Develop all interdisciplinary educational programs
- Procure funding to support educational efforts
- Provide a resource role to hospital and hospice staff in and outside of the hospital
- Present an annual Southern New England Palliative Care Conference

### **Program Director Psychiatric-Mental Health Nursing**

Yale University School of Nursing

1993-1994

#### Responsibilities:

- Oversee the academic and clinical adult psychiatric-mental health program
- Conduct a major curriculum revision
- Design and complete a psychiatric faculty enrichment program
- Teach a graduate and core graduate clinical course

### **Assistant Professor of Nursing**

University of Rhode Island

1988-1993

Responsibilities:

- Taught core clinical and research courses
- Designed and operated the first biofeedback lab in a college of nursing
- Published the first stage of my research on alpha brainwave states
- Conducted the second stage research in the university laboratory
- Taught a graduate research course

**Psychotherapist, Private Practice**

Huntington, New York

1971-1991

Responsibilities:

- Individual and family psychotherapy
- Clinical supervision of advanced practice clinicians
- EEG biofeedback therapy

**Adjunct Assistant Clinical Professor**

University of Rhode Island College of Nursing

1994-1999

**Adjunct Associate Clinical Professor**

University of Rhode Island College of Nursing

1999-Present

Responsibilities:

- Precept graduate students in various practice areas
- Precept undergraduate seniors in leadership
- Teach family therapy
- Teach palliative care and pain management
- Precept PharmD candidates in pain management

**Lecturer in the third-year core clerkship in Surgery**

Brown University School of Medicine

1999-Present

Responsibilities:

- Teach pharmacological management of pain

**Speaker**

Phase Five Communications, Janssen Pharmaceutica Inc.  
Pain Management Refined: New Approaches, 2000.

**Speaker**

Speaker's Bureau, Purdue Pharma L.P.  
Pain Management, 2000.

**Education**

**PhD Nursing**

New York University

1987

**MA Anthropology**

State University of New York at Stony Brook

1975

## **MS Psychiatric Clinical Nurse Specialist**

Adelphi University  
1971

## **BS Nursing**

New York University  
1967

## **Certifications**

- American Nurses Association Board Certification as a Clinical Specialist in Adult Psychiatric and Mental Health Nursing through December 31, 2004
- Board Certification as a Legal Nurse Consultant May 2002

## **Research**

- Group Sessions for Mothers of Retardates Pending Institutionalization. Unpublished master's thesis, Adelphi University School of Nursing, 1971.
- Levi Strauss's Hypothesis and One Haitian Curing Ritual. Unpublished master's thesis, State University of New York at Stony Brook, 1975.
- A Relationship between the Alpha State and Perception of Time Passing in a Female College Population. Unpublished doctoral dissertation, New York University, 1987.
- Life Support Opinion Pilot Study, University of Rhode Island, 1990.
- Healthy Lifestyle Pilot Study with Community Mental Health Staff, 1990-1991.
- Biofeedback and Videotape Alpha Brainwave Training: A Concurrent Validity Study with Holistic Implications, University of Rhode Island, 1992.
- House Officer Meperidine Knowledge and Prescribing Practices, 2000.

## **Research Grants**

- Eyes-opened Alpha Biofeedback Training for Self-Regulation of Stress. Principal Investigator. Submitted to the University of Rhode Island Council for Research, 1990. Funded, \$3,000.
- Alpha Wave Training and High Risk Children of Alcoholics. Principal Investigator. Submitted to the Office of Alternative Medicine, National Institutes of Health, 1993. Unfunded.
- The Third Annual Southern New England Palliative Care Conference Grant-R13. Principal Investigator. Submitted to the Cancer Institute, National Institutes of Health, 1997. Funded, \$10,000.
- Wacker, MS, Glen, VL. Pain Resource Professional Training Program. Unrestricted educational grant from Knoll Pharmaceutica. October 1998-\$10,720; April 1999-\$10,000.
- Wacker, MS, Glen, VL. Pain Resource Professional Training Program. Unrestricted educational grant from Janssen Pharmaceutica. October 1998-\$5,000; April 1999-\$5,000.
- Wacker, MS, Glen, VL. Pain Resource Professional Training Program . Unrestricted educational grant from Roxane Laboratories. April 1999-\$5,000.
- Wacker, MS. Pain Resource Professional Training Program. May, 2000 Unrestricted educational grants from Purdue-\$2,500, from Merck-\$1,500, from Janssen Pharmaceutica Inc.-\$1,500.

- Wacker, MS. Pain Resource Professional Training Program. October, 2000 Unrestricted educational grants from Purdue. \$5,000, from Janssen Pharmaceutica Inc., \$1,000, from Searle \$1,000.
- Wacker, MS. Pain Resource Professional Training Program. May, 2001 Unrestricted educational grants from Janssen Pharmaceutica Inc., \$1000, \$1,000 from Merck, \$1,200 from Purdue.
- Wacker, MS. Attorney General Conference on Pain Assessment and Management May, 2001. Unrestricted educational grants of \$1,400 from Janssen Pharmaceutica, \$1,200 from Purdue and \$1,000 from Merck.
- Wacker, MS. May, 2001. Unrestricted educational grant from Merck for the production of a laminated pain management card. \$700.
- SUCCEED Florida Grant, Nursing. 2005-2007, Workforce educational grant from Florida Department of Education, \$629,500.
- Jobs for Florida's Future, Florida Department of Education. 2005 – 2006, \$186,302.
- Promise of Nursing Grant. 2006-2007, \$25,000
- Booth Foundation. 2006 – 2009, \$3,238,230
- SUCCEED Florida Grant, Nursing. 2008-2009, Workforce educational grant from Florida Department of Education, \$259,018.
- Community Job-Based Training Grant, Nursing. 2005 – 2008, US Department of Labor, \$556,724.

## Publications

- Wacker, M. (1974). Analogy: Weapon Against Denial. *American Journal of Nursing* 74, 71-73.
- Wacker, M. (1977). A Family Psychotherapy Practice. In A.D. Jacox, & C. Norris (Eds.), *Organizing for independent nursing practice* (pp. 253-2570. New York: Appleton-Century-Crofts.
- Wacker, M. (1996). Alpha Brainwave Training and Perception of Time Passing: Preliminary Findings. *Biofeedback and Self-Regulation* 21(4)303-309.
- Wacker, M., Glen, V. (2001). Pain Resource Professional Training Program: A Three Day Multidisciplinary Program for Health Care Professionals. In Revision.
- Wacker, M., Pawasauskas, J. (2002). Pain Education: A Practical Approach. *The Journal of Continuing Education in Nursing*. 33(4) 187-189.
- Wacker, M. (2,000). Case Study of a Woman with Advanced Cancer At The Head Of The Pancreas. *Sigma Theta Tau International Online Continuing Education Program*. [www.nursingsociety.org](http://www.nursingsociety.org) On Line 2002. Revised 2003.
- Wacker, M., Moniz, C. (2001). Meperidine: Second Line Agent with First Line Prescribing Practices. *Medicine and Health\Rhode Island* 84(1)11-14.
- Wacker, M. (2001). Improving End of Life Care Pain Management. Executive Summary Dying with Dignity. The Rhode Island End of Life Conference Series Report.
- Wacker, M. (2003). Right Drug, Wrong Drug-Know the Difference. *On Point Legal Nurse Consultant Newsletter*.
- Wacker, M. (2004). Simple Hygiene Errors Can Have Disastrous Results. *The Edge Legal Nurse Consultant Newsletter*.
- Wacker, M. (2008). Patient Controlled Analgesia. *On Point Legal Nurse Consultant Newsletter*. In press.
- Wacker, M. (2008). Associate Editor, *Legal Nurse Consulting: Principles and Practice*, 3<sup>rd</sup> Edition.
- Wacker, M. (2008, May/June). Patient Controlled Pain Medicine. *The Medical – Legal News*.

## Presentations

- Child Therapy within a Family Therapy Framework. (Brief Presentation) American Family Therapy Association Annual Meeting. San Diego, Ca. June, 1985.
- Working With a Family Possessed by the Devil. (Brief Presentation) American Family Therapy Association Annual Meeting. Washington, DC. June, 1986.
- Differentiation of Self/Differentiated and Undifferentiated Families. Maternal Child Health Coordinators, Rhode Island Department of Health. June, 1990.
- Crystals, Auras, Chakras and Energy Fields. University of Rhode Island, Narragansett Bay Classroom. November, 1991.
- New Age Treatment Modalities. (Five 2-minute radio broadcasts). University of Rhode Island and Brown University Healthwatch Program. Fall, 1991.
- Holistic Alternatives. South County Hospital Nursing Staff In-service Program. April, 1992.
- Women's Consciousness and Health. Rhode Island State Nurses Association. May, 1992.
- Holistic Approaches to Pain Management. Rhode Island Cancer Pain Initiative. American Cancer Society. Providence, R.I. February, 1994.
- Holistic Nursing Intervention. Grand Rounds, Connecticut Mental Health Center, New Haven, Ct. March, 1994.
- Holistic Pain Interventions. The First Southern New England Palliative Care Conference, Rhode Island Hospital. April, 1995.
- Palliative Care Service, a Nurse-Driven Consulting Service. The Eleventh Annual International Hospice Institute Symposium. Vancouver, British Columbia. July, 1995.
- Holistic/Adjuvant Interventions in Pain Management. Valley Hospice, Slater Health Center, Pawtucket, R.I. September, 1995.
- Alternatives in Pain Management. Burn Care: A nuts and Bolts Approach. Burn Care Conference, Rhode Island Hospital. October, 1995.
- Holistic Pain Interventions. The Second Southern New England Palliative Care Conference, Rhode Island Hospital. April, 1996.
- The Role of the In-Patient Palliative Care Service in the Treatment of AIDS patients. Co-authored A. Fisher, Vohr, F & Wacker, M. International AIDS Conference, Vancouver, British Columbia. July, 1996.
- Palliative Care Concepts, Quality of Life Issues for the Patient with a Brain Tumor. The Third Annual Anne Martel Leveille Neuroscience Nursing Science Seminar, Rhode Island Hospital. October, 1996.
- Palliative Care Issues across the Continuum of Nursing Practice. Rhode Island Nurses Association. October, 1996
- Palliative Care: Issues in Caring for Terminally Ill Patients. Pastoral Care Week Breakfast Conference. October, 1996.
- The Mind/Body Connection. Diabetes Workshop, Rhode Island Hospital. November, 1996.
- Interdisciplinary Team Model. The Third Annual Southern New England Palliative Care Conference. Providence, R.I. May, 1997.
- Alternative Therapies. Horizons Nursing Conference sponsored by Region I Members of the American Association of Critical Care Nurses, Boston, MA, April, 1998.
- Psychosocial Issues in Pain Management. Annual Graubart-Irving Lecture sponsored by The Arthritis Foundation, Southern New England Chapter. Providence, R.I. September, 1998.
- Development of Pain Education Materials for Health Care Professionals and Patients. Poster Presentation at the 33rd ASHP Midyear Clinical Meeting, Las Vegas, Nevada. December, 1998.

- Development of the Pain Resource Professional Training Program (PRP). Poster Presentation at the American Society of Pain Management Nurses (ASPMN) Annual Meeting. April, 1999.
- Chronic Pain. Pharmaceutical Pearls, Nurse Practitioner Council Lecture. March, 1999.
- Traditional and Complementary Therapies for Chronic Disease. New England Hemophilia Center Northeast Regional Conference. May, 1999.
- Theoretical Basis for Alternative Therapies in Cancer Pain Management. Rhode Island Cancer Pain Initiative. Warwick, R.I. June, 1999.
- Pain Assessment, Ethical, Family and Cultural Issues in Pain Management, Non-Pharmacological Methods in Pain Management. (Three separate presentations at each biannual conference). Pain Resource Professional Training Program, Providence, R.I. 1998, 1999, 2000, 2001.
- Pain Management of the Medical Patient (Part I). Brown University Department of Medicine Noon Conference. July, 1999.
- Pain Management of the Medical Patient (Part II). Brown University Department of Medicine Noon Conference. August, 1999.
- Nuts and Bolts of Pain Management (Part I). Brown University Department of Surgery Grand Rounds. January, 2000.
- Nuts and Bolts of Pain Management (Part II). Brown University Department of Surgery Grand Rounds. February, 2000.
- Surgical Case Presentation. Brown University Department of Surgery. February, 2000.
- Acute Postoperative and Procedural Pain Management. Brown University Department of Surgery. March, 2000.
- Pharmacological Pain Management. Lecture-Seminar Series for the Third Year Core Clerkship in Surgery. Brown University Department of Surgery:
  - March, 2000
  - May, 2000
  - November, 2000
  - February, 2001
  - May, 2001
- Pain Management of the Orthopedic Patient. Brown University Department of Orthopedics. May, 2000.
- Pain Assessment and Management in the Elderly Population. Rhode Island Attorney General Conference. April, 2001.
- Pain Assessment and Management. Lake Sumter Community College, Leesburg, Florida. February, 2002, 2003, 2004, 2005 March, 2003, 2004, 2005.
- Pain Assessment and Management Florida Hospital-Waterman, Eustis, Florida. July, 2002
- Overview in Pain Management People's Medical School. November, 2002.
- Painless Approaches to Consulting on Unrelieved Pain Issues. National Association of Certified Legal Nurse Consultants, New Orleans. March, 2005.
- Psychosocial Factors and Pain Assessment. American Society of Pain Management Nurses, New Mexico April-May, 2005.
- Is it Soup Yet? Neurophysiology of Pain. National Student Nurses Conference, Fall 2007.
- Under-management of Pain in the Elderly. American Association of Legal Nurse Consultants National Education Conference, 2008.

## Professional Activities

- American Nurses Association Liaison to the Joint Commission on Inter-Professional Affairs. Washington, DC. 1979-1981.
- Selected Participant, Faculty Internship Program. Clinical Center of the National Institutes of Health. August, 1993.
- American Nurses Association selectee for participation in the Core Competencies for Psychopharmacology. Psychiatric-Mental Health Working Conference. ANA National Conference of Experts. March, 1993.
- Selected participant Pain Management Project: Management of Pain in Sickle Cell Disease. New England Regional Genetics Group. October, 1994.
- Site reviewer. American Pain Society Clinical Practice Guideline for the Management of Acute and Chronic Pain in Sickle Cell Disease. August, 1999.
- Conference participant Dying with Dignity The Rhode Island End of Life Conference April 2001.
- American Society for Pain Management Nurses Government Policy Committee 2004-2007.
- Florida Pain Initiative Conference Committee 2006-present.
- Florida Summit on Nurse Education – Advisory Board Member (2007)
- Florida Summit on Health Sciences Education – Advisory Board Member (2008)

## Memberships

- American Nurses Association
- Florida State Nurses Association
- Sigma Theta Tau, Delta Mu
- The American Society of Pain Management Nurses
- National Association of Legal Nurse Consultants